



The Stress Management Institute in association with the Centre for Professional Therapy

supporting

WORKING WITH CREATIVITY IN THERAPY

with Maggie O’Neill, Dip.Counselling & Psychotherapy

Developmentally, ‘image language’ comes before verbal language. Play, metaphor and symbolism in art can help people tell their stories and express themselves. This workshop is intended for personal and professional development. Maggie will help you explore the possibilities of using vehicles such as paint and clay experientially. No previous skill or experience in art or art therapy is necessary and participants are encouraged to engage in a playful way with the material. The workshop is designed to give therapists an insight into the benefits of working creatively in the therapeutic process.

Who should attend: Practicing psychotherapists, counsellors and psychologists.

Workshop date: Saturday, 29th November, 10.30 am – 1.00 pm

Venue: The Stress Management Institute of Ireland, 16 Harcourt Street, Dublin 2

Cost: €60

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REGISTRATION: As places are limited it is advisable to book early. To register fill in the form below and send it with €60.00 to Maggie O’Neill C/o Stress Management Institute, 16 Harcourt St. Dublin 2. Tel: Maggie O’Neill on 085-148 2166
Web links: www.stressmanagement.ie and www.professionaltherapy.ie

NAME: _____ EMAIL: _____

ADDRESS: _____

PHONE NO(s): _____

OCCUPATION: (where relevant) _____

FEE OF €60 ENCLOSED

Please make cheques payable to Maggie O’Neill